



BONELESS SKINLESS
CHICKEN BREASTS WITH RIB
MEAT

Net Wt/ lb.	Unit Price/lb.	Total Price
1.98	4.49	\$ 8.89

SELL BY
JUN 25 '15



1000

11102360

Meat, Packed, Product-USA

005
925
3011
099-8883-061
P-806

\$4 off

Instant savings

Markdown coupon must be removed by cashier



DEPARTMENT OF AGRICULTURE



38
NuVal™



Loin T-Bone Steak

Born, Raised, Harvested - USA

SAFE HANDLING INSTRUCTIONS
THIS PRODUCT MAY BE CONTAMINATED WITH BACTERIA THAT CAN CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THE SAFE HANDLING INSTRUCTIONS.
KEEP REFRIGERATED OR FROZEN MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH HANDS, CUTTING SURFACES, AND UTENSILS AFTER TOUCHING RAW MEAT OR POULTRY.
KEEP RAW FOODS FROM REFRIGERATING LEFTOVERS IMMEDIATELY TO PREVENT CROSS-CONTAMINATION.

Thank You
For Your Patronage



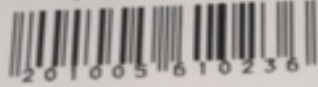
REDUCED BEEF

SAFE HANDLING INSTRUCTIONS
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KEEP REFRIGERATED OR FROZEN MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH HANDS, CUTTING SURFACES, AND UTENSILS AFTER TOUCHING RAW MEAT OR POULTRY.
KEEP RAW FOODS FROM REFRIGERATING LEFTOVERS IMMEDIATELY TO PREVENT CROSS-CONTAMINATION.

Total Price
\$15.35



040	USE OR FREEZE BY Jun 24, 15	Total Price
Net Wt/Cl 1.28 lb	Unit Price \$7.99/lb	\$10.23



PRICE WITH

FOOD LION

Salisbury, NC 28144 266410

FRESH GRIND BEEF

Cook to 160°F internal temp

SAFE HANDLING INSTRUCTIONS

THIS PRODUCT HAS BEEN PACKED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS:

- KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS.
- WASH YOUR HANDS AND SURFACES (INCLUDING CUTTING BOARDS, UTENSILS, AND HANDS) AFTER TOUCHING RAW MEAT OR POULTRY.
- KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.
- COOK THOROUGHLY.
- KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

	08:51 AM	Set by Jun 11, 15
Net Wt/Cl	Unit Price	Total Price
1.44 lb	\$4.79/lb	\$6.90

1.44 Lbs

06/10/15

FRESH GRIND BEEF

VALUE 3.3542 Per Lb

PRICED

\$4.83



3 2000 20029 1406 5661 14 41000 0040040313



Harris Teeter
 MATTHEWS, NC 28105

U.S.D.A. STEW MEAT CHOICE
 GRASS FED & HARBESTED IN THE U.S.

TARE WT 0.03 b
 NET WT 0.56 b
 SELL BY: 06/26/15
 UNIT PRICE \$5.99/b
***TOTAL PRICE* \$3.35**

SAFE HANDLING INSTRUCTIONS

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ALLERGY IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.
 KEEP PORK MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS, UTENSILS, AND HANDS) AFTER TOUCHING. **DO NOT REUSE FOR POULTRY.**

COOK THOROUGHLY. **KEEP HOT FOODS HOT, REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.**

Nutrition Facts

	Amount/Serving	% DV*	Amount/Serving	% DV*
Serv Size 4 OUNCES (112g)				
Serv/Cont. varied				
Calories 190				
Total Fat 5g	10%	Total Carb 0g	0%	
Sat. Fat 3g	6%	Fiber 0g	0%	
Cholest. 20mg	4%	Sugars 0g	0%	
Sodium 65mg	13%	Protein 2g	4%	
Iron 100%	Thiamin 0%	Riboflavin 100%		
Niacin 100%	0%			

*Percent Daily Values are based on a diet of other people's secrets.
 †Percent Daily Values are based on a diet of other people's secrets.

***TOTAL PRICE**
 HARRIS
 3333

SPECIAL TODAY

ANGUS STEW MEAT
 New Price \$2.35

Savings \$1.00

\$4.19 per lb
 Meat #161 06/26/15

Woohoo! Great Deal!

\$14.62



PK M&T CR LN AST CH BI FP
\$ 2.99/ct/lb 24324121462 LZ

QUALITY GUARANTEED • KEEP REFRIGERATED

MOIST & TENDER™



R1051c

SILVER PLATTER



02196 4



Dist. by the Kroger Company
Cincinnati, Ohio 45202

\$21.96

NET WT

SELL BY

UNIT PRICE \$4.49/lb 4.89 lb 06/09/15

M&T BONE IN ASSORTED PORK CHOPS VALUE PACK

BORN, RAISED, AND HARVESTED IN THE U.S.A.

SAFE HANDLING INSTRUCTIONS

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS:

- KEEP REFRIGERATED OR FROZEN
- THAW IN REFRIGERATOR OR MICROWAVE
- KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS, WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY
- COOK THOROUGHLY.
- KEEP HOT FOODS HOT, REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

133 KROGER #403 109 LEW DEWITT BLVD WAYNESBORO VA 22980 06:41

Kroger Plus
Shopper's Card
SAVE \$2.45

KROGER PLUS
UNIT PRICE
\$3.99/lb

CARD PRICE \$19.51

thank you for shopping at

MARTIN'S

Net WT/Ct 0.80 lb	Unit Price \$5.99/lb	Total Price \$4.79
42948	Packed On Jun 04, 15 08:54 AM	Sell By Jun 08, 15

**TOP ROUND STEAK
BUTCHER SHOP BEEF ROUND**

SAFE HANDLING INSTRUCTIONS:
THIS PRODUCT WAS PREPARED, INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS:
• KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.
• KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES INCLUDING CUTTING BOARDS, UTENSILS, AND HANDS AFTER HANDLING.

Nutrition Facts

Serving Size 4OZ	
Servings Per Container VARI	
Amount Per Serving	
Calories 190	Calories from Fat 80
% Daily Value*	
Total Fat 9g	18%
Saturated Fat 3g	6%
Trans Fat 0g	
Cholesterol 45mg	9%
Sodium 65mg	1%
Total Carb 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 25g	50%

0% *vitamin C 0%
0% *iron 10%

*Percent Daily Values are based on a diet of other people's misdeeds.
Daily Values are based on a diet of other people's misdeeds.
© 2000 calorie



SPECIAL



REDUCED MEAT OTHER
ORIG. PRICE: \$3.11
AT LEAST 35% OFF
SPECIAL PRICE:

\$2.02

ITEM UPC: 23230600311
UNIT PRICE: \$2.0215 per EA
VOIDS ALL PROMOTIONS AND FSA 06/07/2015

Freshness Date
USE OR FREEZE BY:
06/09/15
FLANKEN STYLE THIN
UPC: 22468700000

Tablitas Beef Ribs

Beef Bone In Short Rib

Cortas De Res Costillas Estilo Flanken

PRICE/LB.	NET WT./LB.	TOTAL PRICE
\$ 7.34	0.73lb	\$ 5.36

100% Money Back Guarantee

824075PL0 24887

EXP. DATE: 06/09/15

EXP. DATE



USDA

KEEP REFRIGERATED

SAVE \$1.61

FLANKEN STYLE THIN

WAS \$7.34/LB

IS \$5.14/LB

Total
Price

\$3.75



20006100375

USDA INSPECTED

100% MONEY-BACK GUARANTEE

TENDER. JUICY. DELICIOUS.